

Gutter 25m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:22,24	00:49,65	01:51,88	00:23,74	00:51,76	01:52,37	00:25,76	00:57,09	02:04,70	00:20,81	00:45,88	01:41,52	03:38,40	07:31,51	14:21,53	01:54,27	04:07,20
96%	00:22,47	00:50,17	01:53,06	00:23,99	00:52,30	01:53,55	00:26,04	00:57,69	02:06,01	00:21,02	00:46,36	01:42,59	03:40,69	07:36,26	14:30,60	01:55,47	04:09,80
97%	00:22,71	00:50,69	01:54,24	00:24,24	00:52,85	01:54,73	00:26,31	00:58,29	02:07,32	00:21,24	00:46,84	01:43,65	03:42,99	07:41,01	14:39,66	01:56,67	04:12,40
98%	00:22,94	00:51,21	01:55,41	00:24,49	00:53,39	01:55,91	00:26,58	00:58,89	02:08,63	00:21,46	00:47,32	01:44,72	03:45,29	07:45,76	14:48,73	01:57,87	04:15,01
99%	00:23,18	00:51,74	01:56,59	00:24,74	00:53,94	01:57,10	00:26,85	00:59,49	02:09,95	00:21,68	00:47,81	01:45,79	03:47,59	07:50,52	14:57,80	01:59,08	04:17,61
100%	00:23,41	00:52,26	01:57,77	00:24,99	00:54,48	01:58,28	00:27,12	01:00,09	02:11,26	00:21,90	00:48,29	01:46,86	03:49,89	07:55,27	15:06,87	02:00,28	04:20,21
102%	00:23,88	00:53,31	02:00,13	00:25,49	00:55,57	02:00,65	00:27,66	01:01,29	02:13,89	00:22,34	00:49,26	01:49,00	03:54,49	08:04,78	15:25,01	02:02,69	04:25,41
104%	00:24,35	00:54,35	02:02,48	00:25,99	00:56,66	02:03,01	00:28,20	01:02,49	02:16,51	00:22,78	00:50,22	01:51,13	03:59,09	08:14,28	15:43,14	02:05,09	04:30,62
106%	00:24,81	00:55,40	02:04,84	00:26,49	00:57,75	02:05,38	00:28,75	01:03,70	02:19,14	00:23,21	00:51,19	01:53,27	04:03,68	08:23,79	16:01,28	02:07,50	04:35,82
108%	00:25,28	00:56,44	02:07,19	00:26,99	00:58,84	02:07,74	00:29,29	01:04,90	02:21,76	00:23,65	00:52,15	01:55,41	04:08,28	08:33,29	16:19,42	02:09,90	04:41,03
110%	00:25,75	00:57,49	02:09,55	00:27,49	00:59,93	02:10,11	00:29,83	01:06,10	02:24,39	00:24,09	00:53,12	01:57,55	04:12,88	08:42,80	16:37,56	02:12,31	04:46,23
112%	00:26,22	00:58,53	02:11,90	00:27,99	01:01,02	02:12,47	00:30,37	01:07,30	02:27,01	00:24,53	00:54,08	01:59,68	04:17,48	08:52,30	16:55,69	02:14,71	04:51,44
114%	00:26,69	00:59,58	02:14,26	00:28,49	01:02,11	02:14,84	00:30,92	01:08,50	02:29,64	00:24,97	00:55,05	02:01,82	04:22,07	09:01,81	17:13,83	02:17,12	04:56,64
116%	00:27,16	01:00,62	02:16,61	00:28,99	01:03,20	02:17,20	00:31,46	01:09,70	02:32,26	00:25,40	00:56,02	02:03,96	04:26,67	09:11,31	17:31,97	02:19,52	05:01,84
118%	00:27,62	01:01,67	02:18,97	00:29,49	01:04,29	02:19,57	00:32,00	01:10,91	02:34,89	00:25,84	00:56,98	02:06,09	04:31,27	09:20,82	17:50,11	02:21,93	05:07,05
120%	00:28,09	01:02,71	02:21,32	00:29,99	01:05,38	02:21,94	00:32,54	01:12,11	02:37,51	00:26,28	00:57,95	02:08,23	04:35,87	09:30,32	18:08,24	02:24,34	05:12,25
122%	00:28,56	01:03,76	02:23,68	00:30,49	01:06,47	02:24,30	00:33,09	01:13,31	02:40,14	00:26,72	00:58,91	02:10,37	04:40,47	09:39,83	18:26,38	02:26,74	05:17,46
124%	00:29,03	01:04,80	02:26,03	00:30,99	01:07,56	02:26,67	00:33,63	01:14,51	02:42,76	00:27,16	00:59,88	02:12,51	04:45,06	09:49,33	18:44,52	02:29,15	05:22,66
126%	00:29,50	01:05,85	02:28,39	00:31,49	01:08,64	02:29,03	00:34,17	01:15,71	02:45,39	00:27,59	01:00,85	02:14,64	04:49,66	09:58,84	19:02,66	02:31,55	05:27,86
128%	00:29,96	01:06,89	02:30,75	00:31,99	01:09,73	02:31,40	00:34,71	01:16,92	02:48,01	00:28,03	01:01,81	02:16,78	04:54,26	10:08,35	19:20,79	02:33,96	05:33,07
130%	00:30,43	01:07,94	02:33,10	00:32,49	01:10,82	02:33,76	00:35,26	01:18,12	02:50,64	00:28,47	01:02,78	02:18,92	04:58,86	10:17,85	19:38,93	02:36,36	05:38,27
132%	00:30,90	01:08,98	02:35,46	00:32,99	01:11,91	02:36,13	00:35,80	01:19,32	02:53,26	00:28,91	01:03,74	02:21,06	05:03,45	10:27,36	19:57,07	02:38,77	05:43,48
134%	00:31,37	01:10,03	02:37,81	00:33,49	01:13,00	02:38,50	00:36,34	01:20,52	02:55,89	00:29,35	01:04,71	02:23,19	05:08,05	10:36,86	20:15,21	02:41,18	05:48,68
136%	00:31,84	01:11,07	02:40,17	00:33,99	01:14,09	02:40,86	00:36,88	01:21,72	02:58,51	00:29,78	01:05,67	02:25,33	05:12,65	10:46,37	20:33,34	02:43,58	05:53,89
138%	00:32,31	01:12,12	02:42,52	00:34,49	01:15,18	02:43,23	00:37,43	01:22,92	03:01,14	00:30,22	01:06,64	02:27,47	05:17,25	10:55,87	20:51,48	02:45,99	05:59,09
140%	00:32,77	01:13,16	02:44,88	00:34,99	01:16,27	02:45,59	00:37,97	01:24,13	03:03,76	00:30,66	01:07,61	02:29,60	05:21,85	11:05,38	21:09,62	02:48,39	06:04,29
142%	00:33,24	01:14,21	02:47,23	00:35,49	01:17,36	02:47,96	00:38,51	01:25,33	03:06,39	00:31,10	01:08,57	02:31,74	05:26,44	11:14,88	21:27,76	02:50,80	06:09,50
144%	00:33,71	01:15,25	02:49,59	00:35,99	01:18,45	02:50,32	00:39,05	01:26,53	03:09,01	00:31,54	01:09,54	02:33,88	05:31,04	11:24,39	21:45,89	02:53,20	06:14,70
146%	00:34,18	01:16,30	02:51,94	00:36,49	01:19,54	02:52,69	00:39,60	01:27,73	03:11,64	00:31,97	01:10,50	02:36,02	05:35,64	11:33,89	22:04,03	02:55,61	06:19,91
148%	00:34,65	01:17,34	02:54,30	00:36,99	01:20,63	02:55,05	00:40,14	01:28,93	03:14,26	00:32,41	01:11,47	02:38,15	05:40,24	11:43,40	22:22,17	02:58,01	06:25,11
150%	00:35,12	01:18,39	02:56,66	00:37,49	01:21,72	02:57,42	00:40,68	01:30,13	03:16,89	00:32,85	01:12,44	02:40,29	05:44,84	11:52,90	22:40,30	03:00,42	06:30,32
Konvert: 50m/25m	00:00,80	00:01,40	00:02,70	00:00,80	00:01,40	00:02,70	00:01,10	00:02,10	00:04,00	00:00,90	00:01,70	00:03,20	00:06,10	00:12,00	00:22,50	00:03,30	00:06,80

Oppdatert juli 2025

Gutter 50m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:23,00	00:50,98	01:54,45	00:24,50	00:53,09	01:54,93	00:26,81	00:59,08	02:08,50	00:21,66	00:47,49	01:44,56	03:44,19	07:42,91	14:42,90	01:57,40	04:13,66
96%	00:23,24	00:51,51	01:55,65	00:24,76	00:53,64	01:56,14	00:27,09	00:59,70	02:09,85	00:21,89	00:47,99	01:45,66	03:46,55	07:47,78	14:52,20	01:58,64	04:16,33
97%	00:23,48	00:52,05	01:56,86	00:25,02	00:54,20	01:57,35	00:27,37	01:00,32	02:11,20	00:22,12	00:48,49	01:46,76	03:48,91	07:52,65	15:01,49	01:59,87	04:19,00
98%	00:23,73	00:52,59	01:58,06	00:25,27	00:54,76	01:58,56	00:27,66	01:00,95	02:12,55	00:22,34	00:48,99	01:47,86	03:51,27	07:57,52	15:10,78	02:01,11	04:21,67
99%	00:23,97	00:53,12	01:59,27	00:25,53	00:55,32	01:59,77	00:27,94	01:01,57	02:13,91	00:22,57	00:49,49	01:48,96	03:53,63	08:02,40	15:20,08	02:02,34	04:24,34
100%	00:24,21	00:53,66	02:00,47	00:25,79	00:55,88	02:00,98	00:28,22	01:02,19	02:15,26	00:22,80	00:49,99	01:50,06	03:55,99	08:07,27	15:29,37	02:03,58	04:27,01
102%	00:24,69	00:54,73	02:02,88	00:26,31	00:57,00	02:03,40	00:28,78	01:03,43	02:17,97	00:23,26	00:50,99	01:52,26	04:00,71	08:17,02	15:47,96	02:06,05	04:32,35
104%	00:25,18	00:55,81	02:05,29	00:26,82	00:58,12	02:05,82	00:29,35	01:04,68	02:20,67	00:23,71	00:51,99	01:54,46	04:05,43	08:26,76	16:06,54	02:08,52	04:37,69
106%	00:25,66	00:56,88	02:07,70	00:27,34	00:59,23	02:08,24	00:29,91	01:05,92	02:23,38	00:24,17	00:52,99	01:56,66	04:10,15	08:36,51	16:25,13	02:10,99	04:43,03
108%	00:26,15	00:57,95	02:10,11	00:27,85	01:00,35	02:10,66	00:30,48	01:07,17	02:26,08	00:24,62	00:53,99	01:58,86	04:14,87	08:46,25	16:43,72	02:13,47	04:48,37
110%	00:26,63	00:59,03	02:12,52	00:28,37	01:01,47	02:13,08	00:31,04	01:08,41	02:28,79	00:25,08	00:54,99	02:01,07	04:19,59	08:56,00	17:02,31	02:15,94	04:53,71
112%	00:27,12	01:00,10	02:14,93	00:28,88	01:02,59	02:15,50	00:31,61	01:09,65	02:31,49	00:25,54	00:55,99	02:03,27	04:24,31	09:05,74	17:20,89	02:18,41	04:59,05
114%	00:27,60	01:01,17	02:17,34	00:29,40	01:03,70	02:17,92	00:32,17	01:10,90	02:34,20	00:25,99	00:56,99	02:05,47	04:29,03	09:15,49	17:39,48	02:20,88	05:04,39
116%	00:28,08	01:02,25	02:19,75	00:29,92	01:04,82	02:20,34	00:32,74	01:12,14	02:36,90	00:26,45	00:57,99	02:07,67	04:33,75	09:25,23	17:58,07	02:23,35	05:09,73
118%	00:28,57	01:03,32	02:22,15	00:30,43	01:05,94	02:22,76	00:33,30	01:13,38	02:39,61	00:26,90	00:58,99	02:09,87	04:38,47	09:34,98	18:16,66	02:25,82	05:15,07
120%	00:29,05	01:04,39	02:24,56	00:30,95	01:07,06	02:25,18	00:33,86	01:14,63	02:42,31	00:27,36	00:59,99	02:12,07	04:43,19	09:44,72	18:35,24	02:28,30	05:20,41
122%	00:29,54	01:05,47	02:26,97	00:31,46	01:08,17	02:27,60	00:34,43	01:15,87	02:45,02	00:27,82	01:00,99	02:14,27	04:47,91	09:54,47	18:53,83	02:30,77	05:25,75
124%	00:30,02	01:06,54	02:29,38	00:31,98	01:09,29	02:30,02	00:34,99	01:17,12	02:47,72	00:28,27	01:01,99	02:16,47	04:52,63	10:04,21	19:12,42	02:33,24	05:31,09
126%	00:30,50	01:07,61	02:31,79	00:32,50	01:10,41	02:32,43	00:35,56	01:18,36	02:50,43	00:28,73	01:02,99	02:18,68	04:57,35	10:13,96	19:31,01	02:35,71	05:36,43
128%	00:30,99	01:08,68	02:34,20	00:33,01	01:11,53	02:34,85	00:36,12	01:19,60	02:53,13	00:29,18	01:03,99	02:20,88	05:02,07	10:23,71	19:49,59	02:38,18	05:41,77
130%	00:31,47	01:09,76	02:36,61	00:33,53	01:12,64	02:37,27	00:36,69	01:20,85	02:55,84	00:29,64	01:04,99	02:23,08	05:06,79	10:33,45	20:08,18	02:40,65	05:47,11
132%	00:31,96	01:10,83	02:39,02	00:34,04	01:13,76	02:39,69	00:37,25	01:22,09	02:58,54	00:30,10	01:05,99	02:25,28	05:11,51	10:43,20	20:26,77	02:43,13	05:52,45
134%	00:32,44	01:11,90	02:41,43	00:34,56	01:14,88	02:42,11	00:37,81	01:23,33	03:01,25	00:30,55	01:06,99	02:27,48	05:16,23	10:52,94	20:45,36	02:45,60	05:57,79
136%	00:32,93	01:12,98	02:43,84	00:35,07	01:16,00	02:44,53	00:38,38	01:24,58	03:03,95	00:31,01	01:07,99	02:29,68	05:20,95	11:02,69	21:03,94	02:48,07	06:03,13
138%	00:33,41	01:14,05	02:46,25	00:35,59	01:17,11	02:46,95	00:38,94	01:25,82	03:06,66	00:31,46	01:08,99	02:31,88	05:25,67	11:12,43	21:22,53	02:50,54	06:08,47
140%	00:33,89	01:15,12	02:48,66	00:36,11	01:18,23	02:49,37	00:39,51	01:27,07	03:09,36	00:31,92	01:09,99	02:34,08	05:30,39	11:22,18	21:41,12	02:53,01	06:13,81
142%	00:34,38	01:16,20	02:51,07	00:36,62	01:19,35	02:51,79	00:40,07	01:28,31	03:12,07	00:32,38	01:10,99	02:36,29	05:35,11	11:31,92	21:59,71	02:55,48	06:19,15
144%	00:34,86	01:17,27	02:53,48	00:37,14	01:20,47	02:54,21	00:40,64	01:29,55	03:14,77	00:32,83	01:11,99	02:38,49	05:39,83	11:41,67	22:18,29	02:57,96	06:24,49
146%	00:35,35	01:18,34	02:55,89	00:37,65	01:21,58	02:56,63	00:41,20	01:30,80	03:17,48	00:33,29	01:12,99	02:40,69	05:44,55	11:51,41	22:36,88	03:00,43	06:29,83
148%	00:35,83	01:19,42	02:58,30	00:38,17	01:22,70	02:59,05	00:41,77	01:32,04	03:20,18	00:33,74	01:13,99	02:42,89	05:49,27	12:01,16	22:55,47	03:02,90	06:35,17
150%	00:36,31	01:20,49	03:00,71	00:38,68	01:23,82	03:01,47	00:42,33	01:33,28	03:22,89	00:34,20	01:14,99	02:45,09	05:53,99	12:10,91	23:14,06	03:05,37	06:40,51

Jenter 25m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:24,98	00:55,78	02:04,54	00:26,74	00:57,81	02:05,60	00:29,27	01:04,28	02:19,13	00:23,60	00:51,49	01:52,12	03:58,76	08:11,62	15:40,55	02:07,31	04:32,03
96%	00:25,24	00:56,37	02:05,85	00:27,02	00:58,42	02:06,92	00:29,58	01:04,95	02:20,59	00:23,85	00:52,03	01:53,30	04:01,28	08:16,79	15:50,45	02:08,65	04:34,90
97%	00:25,50	00:56,96	02:07,16	00:27,31	00:59,02	02:08,24	00:29,89	01:05,63	02:22,06	00:24,09	00:52,57	01:54,48	04:03,79	08:21,97	16:00,35	02:09,99	04:37,76
98%	00:25,76	00:57,55	02:08,47	00:27,59	00:59,63	02:09,57	00:30,19	01:06,31	02:23,52	00:24,34	00:53,12	01:55,66	04:06,30	08:27,14	16:10,25	02:11,33	04:40,62
99%	00:26,03	00:58,13	02:09,78	00:27,87	01:00,24	02:10,89	00:30,50	01:06,98	02:24,99	00:24,59	00:53,66	01:56,84	04:08,82	08:32,32	16:20,15	02:12,67	04:43,49
100%	00:26,29	00:58,72	02:11,09	00:28,15	01:00,85	02:12,21	00:30,81	01:07,66	02:26,45	00:24,84	00:54,20	01:58,02	04:11,33	08:37,49	16:30,05	02:14,01	04:46,35
102%	00:26,82	00:59,89	02:13,71	00:28,71	01:02,07	02:14,85	00:31,43	01:09,01	02:29,38	00:25,34	00:55,28	02:00,38	04:16,36	08:47,84	16:49,85	02:16,69	04:52,08
104%	00:27,34	01:01,07	02:16,33	00:29,28	01:03,28	02:17,50	00:32,04	01:10,37	02:32,31	00:25,83	00:56,37	02:02,74	04:21,38	08:58,19	17:09,65	02:19,37	04:57,80
106%	00:27,87	01:02,24	02:18,96	00:29,84	01:04,50	02:20,14	00:32,66	01:11,72	02:35,24	00:26,33	00:57,45	02:05,10	04:26,41	09:08,54	17:29,45	02:22,05	05:03,53
108%	00:28,39	01:03,42	02:21,58	00:30,40	01:05,72	02:22,79	00:33,27	01:13,07	02:38,17	00:26,83	00:58,54	02:07,46	04:31,44	09:18,89	17:49,25	02:24,73	05:09,26
110%	00:28,92	01:04,59	02:24,20	00:30,96	01:06,94	02:25,43	00:33,89	01:14,43	02:41,10	00:27,32	00:59,62	02:09,82	04:36,46	09:29,24	18:09,05	02:27,41	05:14,99
112%	00:29,44	01:05,77	02:26,82	00:31,53	01:08,15	02:28,08	00:34,51	01:15,78	02:44,02	00:27,82	01:00,70	02:12,18	04:41,49	09:39,59	18:28,86	02:30,09	05:20,71
114%	00:29,97	01:06,94	02:29,44	00:32,09	01:09,37	02:30,72	00:35,12	01:17,13	02:46,95	00:28,32	01:01,79	02:14,54	04:46,52	09:49,94	18:48,66	02:32,77	05:26,44
116%	00:30,50	01:08,12	02:32,06	00:32,65	01:10,59	02:33,36	00:35,74	01:18,49	02:49,88	00:28,81	01:02,87	02:16,90	04:51,54	10:00,29	19:08,46	02:35,45	05:32,17
118%	00:31,02	01:09,29	02:34,69	00:33,22	01:11,80	02:36,01	00:36,36	01:19,84	02:52,81	00:29,31	01:03,96	02:19,26	04:56,57	10:10,64	19:28,26	02:38,13	05:37,89
120%	00:31,55	01:10,46	02:37,31	00:33,78	01:13,02	02:38,65	00:36,97	01:21,19	02:55,74	00:29,81	01:05,04	02:21,62	05:01,60	10:20,99	19:48,06	02:40,81	05:43,62
122%	00:32,07	01:11,64	02:39,93	00:34,34	01:14,24	02:41,30	00:37,59	01:22,55	02:58,67	00:30,30	01:06,12	02:23,98	05:06,62	10:31,34	20:07,86	02:43,49	05:49,35
124%	00:32,60	01:12,81	02:42,55	00:34,91	01:15,45	02:43,94	00:38,20	01:23,90	03:01,60	00:30,80	01:07,21	02:26,34	05:11,65	10:41,69	20:27,66	02:46,17	05:55,07
126%	00:33,13	01:13,99	02:45,17	00:35,47	01:16,67	02:46,58	00:38,82	01:25,25	03:04,53	00:31,30	01:08,29	02:28,71	05:16,68	10:52,04	20:47,46	02:48,85	06:00,80
128%	00:33,65	01:15,16	02:47,80	00:36,03	01:17,89	02:49,23	00:39,44	01:26,60	03:07,46	00:31,80	01:09,38	02:31,07	05:21,70	11:02,39	21:07,26	02:51,53	06:06,53
130%	00:34,18	01:16,34	02:50,42	00:36,60	01:19,10	02:51,87	00:40,05	01:27,96	03:10,39	00:32,29	01:10,46	02:33,43	05:26,73	11:12,74	21:27,06	02:54,21	06:12,26
132%	00:34,70	01:17,51	02:53,04	00:37,16	01:20,32	02:54,52	00:40,67	01:29,31	03:13,31	00:32,79	01:11,54	02:35,79	05:31,76	11:23,09	21:46,87	02:56,89	06:17,98
134%	00:35,23	01:18,68	02:55,66	00:37,72	01:21,54	02:57,16	00:41,29	01:30,66	03:16,24	00:33,29	01:12,63	02:38,15	05:36,78	11:33,44	22:06,67	02:59,57	06:23,71
136%	00:35,75	01:19,86	02:58,28	00:38,28	01:22,76	02:59,81	00:41,90	01:32,02	03:19,17	00:33,78	01:13,71	02:40,51	05:41,81	11:43,79	22:26,47	03:02,25	06:29,44
138%	00:36,28	01:21,03	03:00,90	00:38,85	01:23,97	03:02,45	00:42,52	01:33,37	03:22,10	00:34,28	01:14,80	02:42,87	05:46,84	11:54,14	22:46,27	03:04,93	06:35,16
140%	00:36,81	01:22,21	03:03,53	00:39,41	01:25,19	03:05,09	00:43,13	01:34,72	03:25,03	00:34,78	01:15,88	02:45,23	05:51,86	12:04,49	23:06,07	03:07,61	06:40,89
142%	00:37,33	01:23,38	03:06,15	00:39,97	01:26,41	03:07,74	00:43,75	01:36,08	03:27,96	00:35,27	01:16,96	02:47,59	05:56,89	12:14,84	23:25,87	03:10,29	06:46,62
144%	00:37,86	01:24,56	03:08,77	00:40,54	01:27,62	03:10,38	00:44,37	01:37,43	03:30,89	00:35,77	01:18,05	02:49,95	06:01,92	12:25,19	23:45,67	03:12,97	06:52,34
146%	00:38,38	01:25,73	03:11,39	00:41,10	01:28,84	03:13,03	00:44,98	01:38,78	03:33,82	00:36,27	01:19,13	02:52,31	06:06,94	12:35,54	24:05,47	03:15,65	06:58,07
148%	00:38,91	01:26,91	03:14,01	00:41,66	01:30,06	03:15,67	00:45,60	01:40,14	03:36,75	00:36,76	01:20,22	02:54,67	06:11,97	12:45,89	24:25,27	03:18,33	07:03,80
150%	00:39,43	01:28,08	03:16,64	00:42,23	01:31,27	03:18,32	00:46,22	01:41,49	03:39,68	00:37,26	01:21,30	02:57,03	06:17,00	12:56,23	24:45,08	03:21,02	07:09,53
Konvert: 50m/25m	00:00,70	00:01,30	00:02,40	00:00,70	00:01,30	00:02,50	00:01,00	00:01,80	00:03,60	00:00,80	00:01,50	00:02,90	00:05,50	00:11,10	00:20,60	00:02,90	00:06,00

Oppdatert juli 2025

Jenter 50m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:25,64	00:57,02	02:06,82	00:27,41	00:59,04	02:07,97	00:30,22	01:05,99	02:22,55	00:24,36	00:52,92	01:54,87	04:03,99	08:22,16	16:00,12	02:10,06	04:37,73
96%	00:25,91	00:57,62	02:08,15	00:27,70	00:59,66	02:09,32	00:30,54	01:06,68	02:24,05	00:24,61	00:53,47	01:56,08	04:06,56	08:27,45	16:10,22	02:11,43	04:40,66
97%	00:26,18	00:58,22	02:09,49	00:27,98	01:00,29	02:10,67	00:30,86	01:07,38	02:25,55	00:24,87	00:54,03	01:57,29	04:09,13	08:32,73	16:20,33	02:12,80	04:43,58
98%	00:26,45	00:58,82	02:10,82	00:28,27	01:00,91	02:12,02	00:31,17	01:08,07	02:27,05	00:25,13	00:54,59	01:58,50	04:11,69	08:38,02	16:30,44	02:14,17	04:46,50
99%	00:26,72	00:59,42	02:12,16	00:28,56	01:01,53	02:13,36	00:31,49	01:08,77	02:28,55	00:25,38	00:55,14	01:59,71	04:14,26	08:43,30	16:40,54	02:15,54	04:49,43
100%	00:26,99	01:00,02	02:13,49	00:28,85	01:02,15	02:14,71	00:31,81	01:09,46	02:30,05	00:25,64	00:55,70	02:00,92	04:16,83	08:48,59	16:50,65	02:16,91	04:52,35
102%	00:27,53	01:01,22	02:16,16	00:29,43	01:03,39	02:17,40	00:32,45	01:10,85	02:33,05	00:26,15	00:56,81	02:03,34	04:21,97	08:59,16	17:10,86	02:19,65	04:58,20
104%	00:28,07	01:02,42	02:18,83	00:30,00	01:04,64	02:20,10	00:33,08	01:12,24	02:36,05	00:26,67	00:57,93	02:05,76	04:27,10	09:09,73	17:31,08	02:22,39	05:04,04
106%	00:28,61	01:03,62	02:21,50	00:30,58	01:05,88	02:22,79	00:33,72	01:13,63	02:39,05	00:27,18	00:59,04	02:08,18	04:32,24	09:20,31	17:51,29	02:25,12	05:09,89
108%	00:29,15	01:04,82	02:24,17	00:31,16	01:07,12	02:25,49	00:34,35	01:15,02	02:42,05	00:27,69	01:00,16	02:10,59	04:37,38	09:30,88	18:11,50	02:27,86	05:15,74
110%	00:29,69	01:06,02	02:26,84	00:31,74	01:08,37	02:28,18	00:34,99	01:16,41	02:45,06	00:28,20	01:01,27	02:13,01	04:42,51	09:41,45	18:31,72	02:30,60	05:21,59
112%	00:30,23	01:07,22	02:29,51	00:32,31	01:09,61	02:30,88	00:35,63	01:17,80	02:48,06	00:28,72	01:02,38	02:15,43	04:47,65	09:52,02	18:51,93	02:33,34	05:27,43
114%	00:30,77	01:08,42	02:32,18	00:32,89	01:10,85	02:33,57	00:36,26	01:19,18	02:51,06	00:29,23	01:03,50	02:17,85	04:52,79	10:02,59	19:12,14	02:36,08	05:33,28
116%	00:31,31	01:09,62	02:34,85	00:33,47	01:12,09	02:36,26	00:36,90	01:20,57	02:54,06	00:29,74	01:04,61	02:20,27	04:57,92	10:13,16	19:32,35	02:38,82	05:39,13
118%	00:31,85	01:10,82	02:37,52	00:34,04	01:13,34	02:38,96	00:37,54	01:21,96	02:57,06	00:30,26	01:05,73	02:22,69	05:03,06	10:23,74	19:52,57	02:41,55	05:44,97
120%	00:32,39	01:12,02	02:40,19	00:34,62	01:14,58	02:41,65	00:38,17	01:23,35	03:00,06	00:30,77	01:06,84	02:25,10	05:08,20	10:34,31	20:12,78	02:44,29	05:50,82
122%	00:32,93	01:13,22	02:42,86	00:35,20	01:15,82	02:44,35	00:38,81	01:24,74	03:03,06	00:31,28	01:07,95	02:27,52	05:13,33	10:44,88	20:32,99	02:47,03	05:56,67
124%	00:33,47	01:14,42	02:45,53	00:35,77	01:17,07	02:47,04	00:39,44	01:26,13	03:06,06	00:31,79	01:09,07	02:29,94	05:18,47	10:55,45	20:53,21	02:49,77	06:02,51
126%	00:34,01	01:15,63	02:48,20	00:36,35	01:18,31	02:49,73	00:40,08	01:27,52	03:09,06	00:32,31	01:10,18	02:32,36	05:23,61	11:06,02	21:13,42	02:52,51	06:08,36
128%	00:34,55	01:16,83	02:50,87	00:36,93	01:19,55	02:52,43	00:40,72	01:28,91	03:12,06	00:32,82	01:11,30	02:34,78	05:28,74	11:16,60	21:33,63	02:55,24	06:14,21
130%	00:35,09	01:18,03	02:53,54	00:37,51	01:20,80	02:55,12	00:41,35	01:30,30	03:15,07	00:33,33	01:12,41	02:37,20	05:33,88	11:27,17	21:53,85	02:57,98	06:20,06
132%	00:35,63	01:19,23	02:56,21	00:38,08	01:22,04	02:57,82	00:41,99	01:31,69	03:18,07	00:33,84	01:13,52	02:39,61	05:39,02	11:37,74	22:14,06	03:00,72	06:25,90
134%	00:36,17	01:20,43	02:58,88	00:38,66	01:23,28	03:00,51	00:42,63	01:33,08	03:21,07	00:34,36	01:14,64	02:42,03	05:44,15	11:48,31	22:34,27	03:03,46	06:31,75
136%	00:36,71	01:21,63	03:01,55	00:39,24	01:24,52	03:03,21	00:43,26	01:34,47	03:24,07	00:34,87	01:15,75	02:44,45	05:49,29	11:58,88	22:54,48	03:06,20	06:37,60
138%	00:37,25	01:22,83	03:04,22	00:39,81	01:25,77	03:05,90	00:43,90	01:35,85	03:27,07	00:35,38	01:16,87	02:46,87	05:54,43	12:09,45	23:14,70	03:08,94	06:43,44
140%	00:37,79	01:24,03	03:06,89	00:40,39	01:27,01	03:08,59	00:44,53	01:37,24	03:30,07	00:35,90	01:17,98	02:49,29	05:59,56	12:20,03	23:34,91	03:11,67	06:49,29
142%	00:38,33	01:25,23	03:09,56	00:40,97	01:28,25	03:11,29	00:45,17	01:38,63	03:33,07	00:36,41	01:19,09	02:51,71	06:04,70	12:30,60	23:55,12	03:14,41	06:55,14
144%	00:38,87	01:26,43	03:12,23	00:41,54	01:29,50	03:13,98	00:45,81	01:40,02	03:36,07	00:36,92	01:20,21	02:54,12	06:09,84	12:41,17	24:15,34	03:17,15	07:00,98
146%	00:39,41	01:27,63	03:14,90	00:42,12	01:30,74	03:16,68	00:46,44	01:41,41	03:39,07	00:37,43	01:21,32	02:56,54	06:14,97	12:51,74	24:35,55	03:19,89	07:06,83
148%	00:39,95	01:28,83	03:17,57	00:42,70	01:31,98	03:19,37	00:47,08	01:42,80	03:42,07	00:37,95	01:22,44	02:58,96	06:20,11	13:02,31	24:55,76	03:22,63	07:12,68
150%	00:40,49	01:30,03	03:20,24	00:43,28	01:33,22	03:22,06	00:47,71	01:44,19	03:45,08	00:38,46	01:23,55	03:01,38	06:25,25	13:12,88	25:15,98	03:25,36	07:18,53

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